

ELEMENTARY BALLROOM

1st Half of the Year: Weekly Schedule 2019 – LEVEL 2

Week 1 **Sept 3-6 (Labor Day on 2nd)**

Jump Start Your Class, Introduce “Respect Lesson Plan”, Remind them of dance directions & partner warm-up
Cha Cha – Review Level 1 routine, introduce line dance

Week 2 **Sept 9-13**

Cha Cha – Review Level 1 routine again, teach Butterfly
Review Cuban Action; Remember to let students dance on their own w/music and play games

Week 3 **Sept 16-20**

Cha Cha – Teach Sweetheart
Foxtrot – Introduce the dance and Continuity Running Step
CC - Work on lead and follow, good dance frame, FT- teach in a line across the floor first and not in LOD to begin

Week 4 **Sept 23-27**

Foxtrot – Twinkle, Side by Side **Teacher Meeting Sept 25**
After teaching these steps, introduce them to dancing it in LOD

Week 5 **Sept 30-Oct 4**

Foxtrot – Open Rolls
Review Cha Cha

Week 6 **Oct 7-11**

Swing – Review Level 1 Routine, Teach Loops & Side Passes (with face loop)
Emphasize man lead, sharpness, and compressed knees throughout dance

Week 7 **Oct 14-16 (Fall Break Oct 17-21)**

Review all Dances

Week 8 **Oct 22-25**

Swing – Teach Hand Change Behind the Back (or skip this step and teach after ATM if you need this week to catch up) **Teacher Meeting Oct 23**
Emphasize down action, heel touching floor, Wendy’s vs McDonald’s; Review all dances.
Teach ATM Swing Line Dance

Week 9 **Oct 28 – Nov 1 (Halloween Fun M/W classes or T/TH classes)**

Use Halloween music and games, Review Cha Cha, Foxtrot & Swing
Tango – Review level 1 routine, Practice promenade position and heel leads

Week 10 **Nov 4-8**

Tango – Teach Open Fan w/ Point and Flick
Emphasize man lead, sharpness, and compressed knees throughout dance; Review Cha Cha, Foxtrot & Swing

Week 11 **Nov 11-15**

Review all Dances & Finish Line Dance – CC, FT, Sw, T

Week 12 **Nov 18-22**

Merengue – Review Level 1 routine, Teach Man’s Hand Change, Alternating Underarm Turn **Teacher Meeting Nov 20**

Week **Nov 25-Nov 26 (Thanksgiving Break Nov 27-29)**

NO CLASSES *If you do have a class, review all material.

Week 13 **Dec 2-6**

REVIEW ALL DANCES & LINE DANCE **Teacher Meeting Dec 4**
Get ready for class parties, set entrances, exits and bows with Christmas music. Hand out treat assignments, dance history and etiquette speaking parts. Use Christmas music

Week 14 **Dec 9-13**

REVIEW ALL DANCES & LINE DANCE – Class Party

ELEMENTARY BALLROOM

2nd Half of the Year: Weekly Schedule 2020 – LEVEL 2

Week 1 **Jan 6-10** *Teacher Disco Routine Jan 9*
Review all dances and swing line dance

Week 2 **Jan 12-17** **Alpine Team Match Jan 19**
Review all dances and swing line dance
Get ready for Alpine Team Match, walking on, counting in, ending with a bow, and walking off the floor.

Week 3 **Jan 21-24 (Mon. MLK Day)** *Teacher Training Jan 22*
Swing – Teach Hand Change Behind the Back
Review all dances

Week 4 **Jan 27-31**
Begin Showcase Routine
Review all dances

Week 5 **Feb 3-7**
Continue working on Showcase Routine
Review all dances

Week 6 **Feb 10-14**
Continue working on Showcase Routine
Review all dances

Week 7 **Feb 18-22 (Mon. Washington-Lincoln Day)** *BYU Team Match Meeting Feb 19*
Set Swing Partners for BYU Newcomer Swing Event
Continue working on Showcase Routine, **Review all dances**

Week 8 **Feb 24-28**
Continue working on Showcase Routine
Review all dances, practice swing partners together

Week 9 **March 2-6**
Continue working on Showcase Routine
Review all dances, practice swing partners together

Week 10 **March 10-13 (Mon. Professional Development)** **BYU Team Match March 14**
Get ready for BYU Team Match, walking on, counting in, ending with a bow, and walking off the floor.
Review all dances, practice swing partners together

Week 11 **March 16-20**
Continue working on Showcase Routine and **Swing Line Dance**

Week 12 **March 23-27**
Continue working on Showcase Routine and Swing Line Dance

Week 13 **March 30-April 3**
Options: Possible Showcase this week? *(Be careful because some families leave this week for an early Spring Break)*

Week **April 6-10 (Snow make up, Teacher Comp, & Spring Break)**
NO CLASSES

Week 14 **April 13-17**
Options: Review material, dress rehearsal, class party if you've already completed your Showcase

Week 15 **April 20-24 (Optional Week)**
Options: Review material, dress rehearsal, class party if you've already completed your Showcase, or no class if you already finished