



ELEMENTARY BALLROOM

Dance Syllabus - LEVEL 2

Bold = Level 2 step

*Rhythm change

MERENGUE 2 - Man face wall, lady face center, move Line of Dance

Side Basic		8 ct
Man's Hand Change w/Lady arch		16 ct
Side Basic		8 ct
Arm Slide		8 ct
Progressive Conga	(2x)	16 ct
Side Basic		
Alternating Underarm Turn (lady 4ct, Man 4ct)		8ct

CHA CHA 2 - Man right shoulder to audience, Lady left shoulder to audience

Basic	(2x)	16 ct
Butterfly w/ 3Cha Chas		20 ct
Basic – end in two hand hold	(2x)	16 ct
Two Hand Breaks w/arch		16 ct
Progressive Basic	(2x)	16 ct
Chase – Full turn	(2x)	16 ct
Ladies Underarm Turn		8 ct
Sweetheart		24 ct

TANGO 2 – Man face LOD, lady back LOD, move Line of Dance

Basic – end in PP to center	(2x)	ssqqs	16ct
Right Promenade turn	(2x)	ssqqs ssqqs	16 ct
*Open Fan w/points		ss qq&s	16 ct
		qqqq, qqs	
Basic	(2x)	ssqqs	16ct
Rocks		ss qqs qqs qqs	16ct

FOXTROT 2 - Man face LOD, Lady backing LOD, move Line of Dance

Continuity Running Step		sq, sq
Twinkle		sq, sq
Continuity Running Step		sq, sq
Side by Side (use Twinkle)		sq, sq, sq, sq
Continuity Running Step		sq, sq
Open Rolls	(3x)	sq, sq, sq, sq

SWING 2 – Man right shoulder to audience, Lady left shoulder to audience

Basic	(2x)	1-6 7, 8 1-4
Loops - end face front	(2x)	5-8, 1-8
*Side Passes - end loop to DP	(2x)	1-8, 1-6
Basic		7,8, 1-4
Turning Basic	(2x)	5-8, 1-8
Basic		1-6
Throw Out		7,8, 1-4
*Stop & Go	(2x)	5-8, 1-8, 1-4

*(Dance to **Stop & Go** and then repeat from the beginning of routine for ATM in Jan. Add **Hand Change** for BYU)*

Hand Change Behind Back	(2x)	5-8, 1-8
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